

Peter* starts to heal with Mind Moves® within 1 session and 10 days.

Tania Hartz

Peter grew up in nature, on the border between heaven and the desert. He has attended several schools; on occasion far away from this paradise.

He came to his new school in the beginning of 2016 to repeat Grade 3. During the first Mind Moves session, his mother told me that in his previous school, corporal punishment was used when students did not succeed and Peter consequently withdrew and hid his soul behind an expressionless face. He licked his lips excessively to the extent that a doctor prescribed cortisone cream without any success.

Peter's current teacher, an avid Mind Moves-inspired teacher, does Mind Moves daily in her class and the children all do the *Antennae Adjuster*, *Power On* and *Confidence Booster* before they write tests. She decided to refer him for a Mind Moves

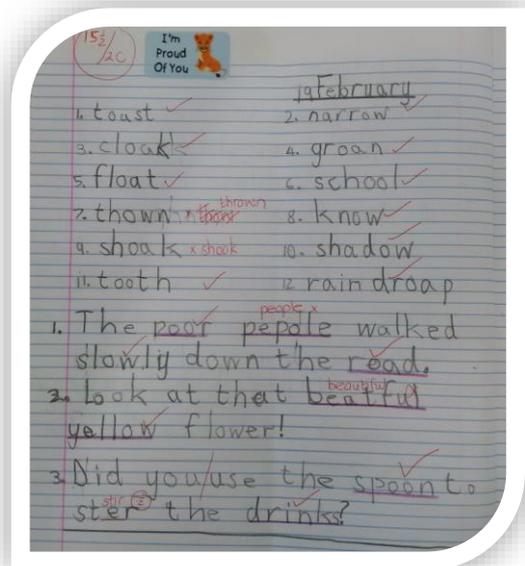
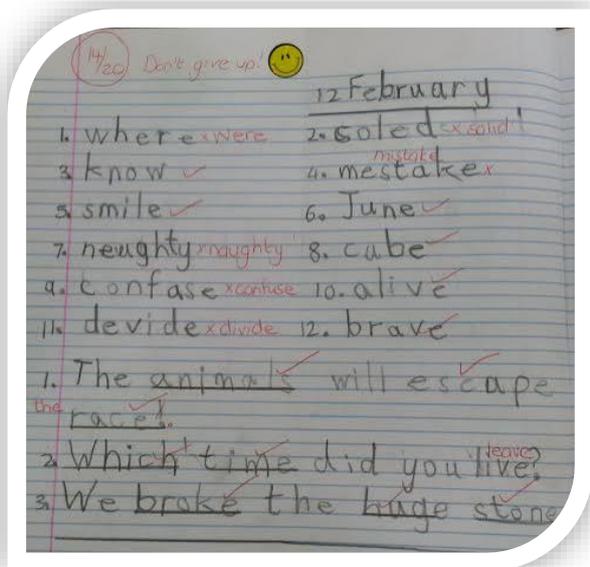
assessment and home programme, as he exhibited multiple difficulties with spelling, reading, writing (spatial orientation and awareness), Maths, attention, balance and coordination. In addition he constantly appeared anxious and continuously licked his lips. He also could not tolerate any kind of touch when the class was doing the *Mind Moves Massage* and *Antennae Adjuster*.

After their first Mind Moves session, Peter's parents immediately and diligently started doing the Mind Moves for the Withdrawal reflex with him twice a day (3x the *Antennae Adjuster*, 3x *Mind Moves Massage* and 3x *Rise and Shine*).

Within 10 days his teacher noticed a different boy: He stopped licking his lips, appeared more relaxed and

managed stressful situations in class with calmness. His being calmer led to his being able to focus for longer periods and subsequently the ability to complete more academic tasks than before. He now appears comfortable in his own skin and does not show aversion when the *Mind Moves Massage* and *Antennae Adjuster* are done in class. The teacher says his self-confidence has improved and he is becoming more sociable with a fine sense of humour emerging.

See the pictures below. The first 2 show his improvement in writing and the second 2 show improvement in his drawings of himself. The first picture shows his writing 3 days after Mind Moves and the second one, 10 days after Mind Moves. Notice increased spatial awareness as seen in letter alignment, letter formation and spacing.



The photos of the drawings of himself (even though they still show no body) indicate how his awareness of his facial features and of his hidden soul (and that one's home is where one's heart is) changed in just one Mind Moves session.

The first drawing was before we did the Mind Moves for the

Withdrawal reflex (*Antennae Adjuster, Mind Moves Massage and Rise and Shine* plus the *Homolateral and Bilateral walks*) and the second drawing after...

After Peter went back to class, tears filled our eyes as we discussed the possibilities for change in this nature child's life, if the Mind Moves are continued to

be done diligently and over a longer period of time.

Needless to say when they were gone, I stayed – also with a deep gratitude for Mind Moves – that it moves not only mind but also soul...

Tania Hartz
Advanced Mind Moves Instructor
Windhoek

*Psydoneum